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|  | PraveenReddy Bontha   |  |  | | --- | --- | | Address 22 Arnprior Rd, Scarborough, ON, M1K 5A6  Phone 647-551-3953 | LinkedIn [www.linkedin.com/in/praveenbontha](http://www.linkedin.com/in/praveenbontha)  **E-mail** praveenkrb94@gmail.com | |

A motivated and enthusiastic engineer graduate to seek a challenging career where I can show my technical and functional expertise, working towards the growth of the organization and eager to contribute to team success through hard work, attention to detail and excellent organizational skills. Experienced field technician with 1 year of experience in Reliance i-fame and consistently saved costs while increasing profits. Excellent reputation for resolving problems, improving customer satisfaction, and driving overall operational improvements while working as a H&S Associates.

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|  | **Skills**   |  |  | | --- | --- | |  | • Efficient multitasking |  |  |  | | --- | --- | |  | • Understand Documentation and analyze technical data. |  |  |  | | --- | --- | |  | • Experience, Understanding and knowledge of working effectively in diverse environment. |  |  |  | | --- | --- | |  | • Completed First Aid, CPR & AED, Basic Live Support (BLS). |  |  |  | | --- | --- | |  | • Safety Training and Process safety. | |

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|  | **Work History**   |  |  |  | | --- | --- | --- | |  | **Jun 2019 - Current** | **Health and Safety Associate (PT)**  ***Trainability, Mississauga, Ontario***   * Conducting Health and Safety Training at Public and Client Sites. * Developing Safety training Programs by introducing new methods. * Conducting LOTO audits by implementing safety procedures in manufacturing industries. * Providing Safety Orientation training programs to the company clients and offering HS Products. |  |  |  |  | | --- | --- | --- | |  | **May 2019 -**  **current** | **Line Cook and Supervisor**  ***Distillery Restaurants Corp., Toronto, ON***   * Prepare and cook complete menu items in cooperation with rest of kitchen staff. * Maintain inventory and records of food, supplies and equipment. * Managing over 200 incoming customers at peak times and maintaining a positive   and professional approach with coworkers and customers.   * Explaining Health and Safety Awareness to new employers. * Inspection entire kitchen and equipment every month according to the Public Services Health and Safety Association (PSHSA) checklists. | |  | **Feb 2019 - Apr 2019** | **Health and Safety Coordinator** **(Internship)**  ***Trainability, Mississauga, Ontario***   * Involved in overall Consulting and Training Services in Health and Safety Aiding HSE consultants in various HSE Consulting and Training Assignments. * Assist in planning and developing procedures to prevent occupational health hazards in the client's workplace. * Evaluate HSE risks assessment programs, identify and mitigate gaps in programs. * Assist in developing programs in HSE and reviewing, implementing with clients ensuring currency to updated legislation. |  |  |  |  | | --- | --- | --- | |  | **Jun 2016 - Dec 2017** | **Field Service Technician**  ***Reliance i-Fame, Chennai, Tamil Nadu***   * Responsibilities were to providing Safest and Most Efficient and Cost-Effective work environments by monitoring every equipment present in all 25 Reliance stores across Chennai city for every month. * Followed effective use of Safe Working Procedures and Practices for Operation, Maintenance, Inspection and Emergency situations by reviewing regularly and updating of systems and Procedures. * Proposed new Facilities and Conduct Operations with preventive approach and Industry best practices to avoid adverse impacts on Human Health and Environment by analyzing Conditioning Monitoring Check Sheet. * Acquired knowledge on MES while doing inspection on the company manufacturing unit. | |

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|  | **Education**   |  |  |  | | --- | --- | --- | |  | **Sep 2017 - Apr 2019** | Post Graduate Diploma: Occupational Health and Safety Management  ***Lambton College - Toronto*** |  |  |  |  | | --- | --- | --- | |  | **Jun 2012 - Jul 2016** | Bachelor of Technology: Mechanical Engineering  ***SRM University - Chennai*** | |

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|  | **Accomplishments**   |  |  | | --- | --- | |  | * Won Employee of the Month Award Twice from the Distillery Restaurants Corp for my hard work and excellent working performance at peak times. | |

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|  | **Certifications**   |  |  |  | | --- | --- | --- | |  | **Apr 2019** | Fall Protection |  |  |  |  | | --- | --- | --- | |  | **Apr 2019** | Safe Working at Heights |  |  |  |  | | --- | --- | --- | |  | **Apr 2019** | WHMIS 2015 |  |  |  |  | | --- | --- | --- | |  | **Jun 2016** | Professional in Product Design and Analysis | |