Name-Annamma Jose

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Educational Qualifications

Diploma

Title of Qualification: Diploma in General Nursing and midwifery

Institutions: Ann's School of Nursing, St Ann's Hospital, Vijayawada, AP, India.

Period Attended: 01/08/1984 to 31/01/1988

Degree

Title of Qualification:
University:

BS Nursing. (Distend Education)
Vinayaka Mission University
Period Attended:

01/03/2005 to 31/04/2007

Professional Registration

1: Name of Nursing Council: Andhra Pradesh Nursing and Midwives Council, India

Registration Number: Nurse-7321, Midwife-7322 Date of Registration: 15/10/1988 to 14/10/2023

2: Name of Nursing Council: Dubai Health Authority United Arab Emirates.

Registration Number: 0066503

Date of Registration: 29//09/2013 to Present 3: International Credential-ICAS: Date of Issue15/10/2020

Certification 1.ACLS 2.BLS

1- Dates of employment- **10/06 2013- present**

Name of Hospital/Place Adab Iranian Pvt School, Dubai, United Arab Emirates

Job Title/Designation: Clinical Director/Registered Nurse Department/Ward Allocation: Outpatient, School health Nurse

Employment/Work Experience

Duties and Responsibilities :

- Attended 20+students daily and determine the gravity of their complaints before deciding on further action which covers medications, nursing care, restore health, diet and referral
- Maintained comprehensive health record for 600 +students recording all data pertinent to their health and created Hasana ID for all the students
- Drove an optimal level of health and wellness among students and staff by providing preventive health care services such as immunization Corvid 19 awareness work shop, vision screening.
 Conducted almost 5 Immunization / year, which result almost 80% of students was vaccinated from the school.
- Created and implemented health care plan for 30 +students with specific health need and administered medications including asthma, diabetes, and allergies.
- Documented all student interaction. Initiated parental contact and referral to additional school personnel as appropriate

Cases Handle- Trauma, Covid positive, Diabetic, Allergy, Asthma, Hyperthyroidism, Epilepsy, Fracture

2-- Dates of employment: 16/01/2007 -17/01/2013

Name of Hospital: Al Baraha Hospital -(Al Kuwait hospital), Dubai, UAE

Job Title/Designation: Qualified Technician/ Registered Nurse

Dept./Ward Allocation: ER and Medical ward

Duties and Responsibilities-Medical Ward

- Monitor patient's respirator, activity, blood pressure and blood glucose level in response to medical administration.
- Helped patient by serving meals, feeding as necessary, ambulating, turning and positioning in bed.
- Measured fluid intake and output, collected specimens. Monitored patent conditions by interpreting

- and tracking ECG reading and updating team members on any changes in stability
- Performed intravenous/nasogastric tube insertion, blood transfusion, drug administration, catheterization, and treatment of infected wounds and bedsore.
- Educate patients on diagnosis, treatment options, and disease process, and self-management.
- Monitor and maintain inventory and supply levels; prepare and submit supply replenishment orders
- Record patients' medical history, vital statistics, and test results in electronic and written charts.

Emergency Department

- Monitor current patients, identify issues, explore alternatives solutions and perform specific patient tasks as assigned by Physician's written orders.
- · Coordinated care with multi-discipline team of physicians, technicians and care providers
- Provide compassion to family members ensuring optimal levels of comfort and privacy.
- Demonstrated sound decision making skills during code blue emergencies which saved many patients' lives and handled disaster emergencies ranging from road traffic accidents to toxic inhalation. Planned and implemented ED participation in two disaster drills.
- Perform specialized, lifesaving treatments such as CPR, advanced cardiac life support and resuscitation.
- Being an infection control preceptor manage the room preparation for patients including sterilization of medical instruments and sanitization of surfaces.

Cases Handle-Trauma, Burns, Stevens Johnson Syndrome, Meningitis, Kidney failure, CHF, COPD, Cardiac arrest, Diabetic Coma, Multiple Sclerosis, Toxic Inhalation, Suicidal Attempt, HIV, TB, Emergency delivery

3-- Dates of employment: 08/10/ 2005—15/01/2007
 Name of Hospital: Job Title/Designation: Assistant Nursing Supervisor

Dept. /Ward Allocation: Emergency Ward

Duties and Responsibilities

- Supervised 15 bed emergency department up to 4 staff in a JCA accredited hospital
- Evaluate staffing requirements stablished schedules to ensure adequate staffing on all shifts and units for the provision of safe, quality patient care.
- Worked alongside with doctors and nurses to provide supplies, instrument and equipment for procedures.
- Engaged in quality control, reweaving charts for accuracy in daily bases.
- Mentored and coached new nursing staff listening to their concerns and providing counsel.
- Ensure patient needs to be met upon discharge or when requiring transfer to another facility.

Cases Handled-Fracture, Cardiac arrest, Diabetic, Kidney stone, Viral fever, Toxic Inhalation, Post-operative

4 -- Dates of employment: **1998--2004**

Name of Hospital: Medical Specialist Centre Dubai; UAE.

Job Title/Designation: Staff nurse
Dept. /Ward Allocation: Emergency

Duties and Responsibilities

- Performed clerical and receptionist duties and maintained the physical environment of the area.
- Made accurate assessment of the patient's condition on arrival and directed to the concerned doctor for consultation.
- Modified patient treatment plans as indicated by patient's response and physicians instructions.
- Assisted physician in minor operation and wound care.
- Administer IV fluid, take ECG and do wound dressing.

Cases Handled-Obstetrician and pediatric,

5-- Dates of employment: **01/10/ 1996 – 07/09/1998**

Name of Hospital: Al Qassimi Hospital, Ministry of Health ,Sharjah, UAE

Job Title/Designation: Qualified Technician / Registered Nurse

Dept./Ward Allocation: ICU, CCU, NEURO(companied)

Duties and Responsibilities

- Planning patient centered care for all assigned patients on the unit during shift. Prioritizes tasks and adjusts priorities when necessary.
- Notifies responsible practitioners of significant changes in patient condition, facilities management of follow-up care
- Assess and monitor patient neurological status including calculating and maintaining desired ICP and CCP values.
- Provided life sustaining measures and medications as needed; Ventilators, external pacemakers, hemodynamic pressure lines, NG tubes, Arterial lines, Dobutamine/Dopamine drips etc.
- Participate in code blue and rapid response calls throughout the shift.
- Suctioning of airway secretions through oral-/nasal-/endotracheal tube, and tracheostomy.
- Analyzed lab values and provided suggestion for to medical team
- Delivered exceptional bedside care including assisting in insertion and discontinuation of CV catheters, arterial lines, epidural catheters and endotracheal tubes.
- Makes accurate, complete, and timely entries into the patient medical record addressing all steps of the nursing process.

Cases Handled- RTA, Head injury, Cardiac arrest, Spinal cord Injury, CHF, COPD, Fracture, Diabetic Coma, Sickle cell anemia, Stroke, Myocardial infraction. 90%burns

6- Dates of employment: 1993 – 1996

Name of Hospital: Modern school and nursery, Dubai; UAE.

Job Title/Designation: Registered Nurse Dept./Ward Allocation: School health

Duties and Responsibilities

- Made health record for all the students and maintained the record during their school life.
- Assisted the physician in medical check-up which enabled in the early detection of chronic diseases.

7 -Dates of employment: 1991 - 1993

Name of Hospital: King Khalid General Hospital, Hafer Al Batin, Saudi Arabia, KSA

Job Title/Designation: Staff Nurse

Department/Ward Allocation: Medical Ward Nurse

Duties and Responsibilities

- Ensure quality control through admission assessment, treatment and referral for a broad range of patients
- Transfer patient to referral hospital for any further treatment.
- Assisted patients with bathing, dressing, maintaining personal hygiene, moving in bed, standing and walking.

Trauma, Fracture, Pulmonary edema, COPD, Diabetic, Dementia, Alzheimer's, Multiple Bedsore

Personal Profile

Date of birth: 15/05/1964
Gender: Female
Marital status: Married
Nationality: Indian

Languages known: English, Hindi, Arabic, Malayalam, Tamil Personal Interests: Singing, Reading, Crochet & Travel

Passport no: M0910895
Place of issue: Dubai
Date of expiry: 13/09/2024