

SHIVANI CHAUHAN

CONTACT



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SKILLS

- Engaging Communication Skills
- Food Service knowledge
- Great Customer Understanding
- Problem Solving attitude
- Leadership experience
- Teamwork skills
- Confidentiality and discretion
- Highly responsible and reliable
- Quality focused
- Shift work experience

ACCOMPLISHMENTS

- Completed project in 'Food Science & Microbiology' under Varun Beverages, PEPSICO.
- Prepared report on Community visit in Anganvadi school at Chirsi, Haryana observing the nutritive health of students.
- Organized health check-up camps at Chirsi district of Haryana.
- Completed survey on nutritive health of residents at Chirsi district of Haryana.
- Prepared diet chart for a client at Any Time Fitness Gym, who was on carb cycling.
- Currently working with an NGO 'Feeding India' and 'Robin hood Army' whose objective is to eradicate hunger in India.
- Completed Internship with Max Super Speciality Hospital, Saket in year 2019.
- Attended Clinical Postings with Sharda Hospital, Greater Noida.
- Health and Nutrition life coach certification.
- Have completed the Education Activity titled, 'Nutrition care of the COVID -19 patients' organized by Abbott Nutrition Health Institution.

To obtain a reputed and respected place in Nutrition and food service field

Hard working professional having 3+ year experience in Food and Nutrition Industry with an Undergraduation degree in Nutrition and Dietetics. Adding to that, I do carry an experience in public dealing as I have done my internship in a well-known hospital and verbal communication is a mandatory skill in a health care industry Looking forward to gain more practical knowledge in Hospitality and caterer Industry.

EXPERIENCE

February 2022 - Current

Diet Technician *Fraser health*, Surrey, Canada

- Implemented food safety protocols in preparation areas to uphold hygiene and health regulations.
- Evaluated patient feedback on meal services, implementing changes to improve the dining experience.
- Developed informational materials on nutrition and dietetics for distribution in healthcare facilities and online platforms.
- Coordinated with kitchen staff to oversee the preparation of special dietary meals, ensuring patient satisfaction.
- Documented patient interactions, dietary recommendations, and progress notes in medical records accurately.
- Collaborated with healthcare professionals to implement dietary care plans tailored to individual patient requirements.
- Conducted food service quality assessments to maintain high standards of meal preparation and delivery.
- Educated patients and their families on proper nutrition and dietary modifications to support health goals.
- Monitored patient progress and adjusted dietary plans based on health changes and feedback.

Current

Volunteer *Feeding India*, India

Current

Volunteer *Robin Hood Army*, India

October 2021 - September 2022

Food Service Supervisor *Vancouver coastal*, Vancouver, Canada

- Evaluated employee performance regularly, providing constructive feedback and opportunities for professional development.
- Fostered a positive work environment, addressing conflicts and promoting teamwork to improve staff morale and retention.
- Monitored kitchen and dining area cleanliness, adhering to health and safety regulations to pass inspections.
- Coordinated with the culinary team to adjust menus seasonally, reflecting customer preferences and ingredient availability.
- Handled customer complaints with professionalism, resolving issues promptly to maintain reputation for quality service.
- Collaborated with the management team to develop long-term business strategies, focusing on growth and market expansion.

- Actively participated in BAKERY, TECHNOLOGY & ENTREPRENEURSHIP webinar hosted by SHARDA UNIVERSITY.
- FOOD SAFE 1 Certified
- Current Member of Pacific Society of Nutrition Management (PSNM)

PERSONAL INFORMATION

- Father's Name: V S Chauhan
- Mother's Name: Asha Chauhan
- Date of birth: 12/20/99

HOBBIES AND INTERESTS

- Volunteer work or Community involvement
- Traveling and exploring
- Reciting poetries and stories
- Organizing and management service
- Engaging in outdoor sports and activities

DISCLAIMER

I hereby declare that the above-mentioned information is true to the best of my knowledge and belief.

LANGUAGES

Hindi: First language

English: C2
Proficient

January 2019 - December 2019
Intern *Max Super Speciality Hospital*, Saket, India

Clinical Postings *Sharda Hospital*, Greater Noida, India

EDUCATION

2024
Diploma of Higher Education Nutrition and food service management
Langara College, Vancouver

01/2020
B.Sc. Food Nutrition & Dietetics
Sharda University, India