

SANZIDA SIDDIQA

HEALTH CARE ASSISTANT

NANAIMO, BC

(250) 797-5661

REG NO - 154591

SANZIDASIDDQA@GMAIL.COM

Compassionate and BC-registered Health Care Assistant with over 4 years of diverse healthcare experience, including clinical medicine, community pharmacy, and long-term care. Skilled in delivering high-quality personal care and supporting individuals with complex physical, emotional, and mental health needs. Adept at monitoring changes in condition, assisting with daily living activities, and maintaining a safe and respectful care environment. Passionate about improving quality of life through culturally sensitive, person-centered care in both team-based and independent settings. Experienced in working with seniors, dementia patients, and individuals with addiction or mental health challenges. Committed to ongoing learning and adapting to the evolving needs of the Canadian healthcare system.

HIGHLIGHTS

REGISTERED HEALTH CARE ASSISTANT (CANADA)

EXPERIENCED IN PROVIDING COMPASSIONATE PATIENT CARE, ASSISTING WITH DAILY LIVING ACTIVITIES, MONITORING VITAL SIGNS, AND ENSURING COMFORT AND DIGNITY. SKILLED IN MEDICATION SUPPORT, WORKING COLLABORATIVELY WITH HEALTHCARE TEAMS, AND ADAPTING TO DIVERSE PATIENT NEEDS.

PHARMACY ASSISTANT (CANADA)

1.5 YEARS OF EXPERIENCE IN PHARMACEUTICAL OPERATIONS, INCLUDING PRESCRIPTION PROCESSING, MEDICATION DISPENSING, INVENTORY MANAGEMENT, AND CUSTOMER SERVICE. KNOWLEDGEABLE IN MEDICATION SAFETY, DOSAGE INSTRUCTIONS, AND COLLABORATING WITH PHARMACISTS TO ENSURE PROPER PATIENT CARE.

PHYSICIAN (BANGLADESH)

EXTENSIVE MEDICAL EXPERIENCE IN PATIENT DIAGNOSIS, TREATMENT PLANNING, EMERGENCY CARE, AND HEALTHCARE LEADERSHIP. PROFICIENT IN CONDUCTING MEDICAL EXAMINATIONS, PRESCRIBING MEDICATIONS, AND COORDINATING CARE WITHIN HOSPITAL AND CLINICAL SETTINGS. STRONG ABILITY TO MANAGE COMPLEX CASES AND PROVIDE EVIDENCE-BASED TREATMENT.

WORK EXPERIENCE

HEALTH CARE ASSISTANT (HCA)

MAY 2025 - PRESENT

OYSTER HARBOR SENIORS COMMUNITY, LADYSMITH, BC

- PROVIDE ASSISTANCE WITH ACTIVITIES OF DAILY LIVING INCLUDING HYGIENE, DRESSING, MOBILITY, AND NUTRITION TO ELDERLY RESIDENTS.
- MONITOR HEALTH STATUS AND REPORT CHANGES TO NURSING STAFF.
- SUPPORT EMOTIONAL WELL-BEING AND PROMOTE A SAFE, DIGNIFIED LIVING ENVIRONMENT.

PHARMACY ASSISTANT**JAN 2024 - APRIL 2025**

OUTREACH PHARMACY (KT), AND LONDON DRUGS, NANAIMO, BC

- Assisted pharmacists with prescription preparation, inventory management, and customer service.
- Educated patients on proper medication use and safety precautions.
- Maintained compliance with pharmacy regulations and procedures.

PHYSICIAN**1 NOV 2022 - 5 SEP 2023**

ISLAMIA GENERAL HOSPITAL, DHAKA, BANGLADESH

- - Diagnosed and treated patients with various medical conditions
- - Prescribed medications and managed treatment plans
- - Provided emergency medical care and handled critical cases
- - Assisted patients with daily health needs and overall well-being
- - Collaborated with healthcare teams to improve patient outcomes

1 DEC 2021 TO 1 SEP 2022**SHAHEED TAJUDDIN AHMAD MEDICAL COLLEGE HOSPITAL, DHAKA, BANGLADESH**

- Patient care, medical procedures
- Documentation, Rounds
- On- Call Duties, learning and supervision, Communication.

EDUCATION**HEALTH CARE ASSISTANT, BC****APRIL 2025**BC Care Aide & Community Health Worker Registration Number :**154591**

INSPIRE GLOBAL ASSESSMENT UNDER BC CARE REGISTRY

WESTERN COMMUNITY COLLEGE (LAB SKILLS)

BACHELOR OF MEDICINE AND SURGERY (MBBS)**1 NOV 2020**

Shaheed Tajuddin Ahmad Medical College, DHAKA, BANGLADESH

HIGHER SECONDARY CERTIFICATE**15 SEP 2014**

BIR SHRESHTHA MUNSHI ABDUR ROUF PUBLIC COLLEGE, DHAKA, BANGLADESH

CERTIFICATES AND TRAINING

- **BC HCA REGISTRY NUMBER: 154951**
- **FIRST AID & CPR – VALID**

- **FOOD SAFETY CERTIFICATE - VALID**
- **WHMIS (WORKPLACE HAZARDOUS MATERIALS INFORMATION SYSTEM) - VALID**
- **Addiction Care and Treatment Online Course – UNIVERSITY OF BRITISH COLUMBIA (2025)**

VOLUNTEER EXPERIENCE

ISLAND HEALTH

1 MONTHS

NANAIMO, BC

- Assisted staff with resident care and daily living activities.
- Participated in recreational and wellness programs to improve resident quality of life.

BLOOD BANK

3 YEARS

DHAKA, BANGLADESH

- Collecting Blood sample from doner
- Managed Blood for patients
- Counseling

References

References available upon request